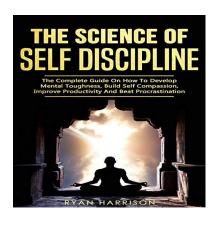
Timothy Michael Burke

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Health and Wellness Audiobook Reviews



The Science of Self Discipline by Ryan Harrison

This is the audible that I have been searching for. It is an easy hear. Those who are saying this audible is pointless are wrong.

Jeff Hungerford, Audible Listener Review, 2019

Control Your Depression by Lawrence Baumann

Simple and well- spoken this one. Good audio book to start with. So easy to follow and understand.

Opal Jackson, Audible Listener Review, 2020





Alpha Male by Steve Dean

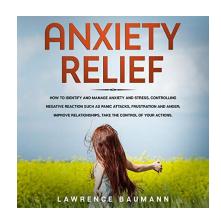
A must listen for any man Looking to regain his manhoood. Great book from being to end. A ton of information to digest. I recommend listening to it at least once a month.

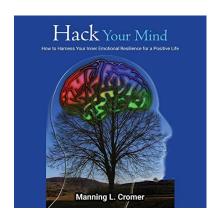
Sharon Bryant, Audible Listener Review, 2020

Anxiety Relief by Lawrence Baumann

A very quick and easy to listen. A wonderful well-spoken audio book that will make a huge difference to anyone who suffers from anxiety.

Roslyn Herman, Audible Listener Review, 2020





Hack Your Mind by Manning L. Cromer

This was an interesting book if you are looking to make some positive changes. Timothy Burke is a fine narrator.

Deedra, Audible Listener Review, 2021

The Art of Conversation by Stephen Haunts

This was like one of the old Disney shorts. The ones where Goofy would demonstrate badly how to do something.

Chris Rodgers, Audible Listener Review, 2022

